

M'LISS DISCUSSES CANDOR IN ITS RELATION TO SEX

She Commends Barnard College Girl's Open Letter Criticising College Curricula for Minimizing Importance of Sex Hygiene

IN THIS day of sex plays and Emma Goldman lectures, open to the public and permitted by the police, it seems almost unprogressive and futile to raise the question: Do girls know enough of that phase of life to which our grandmothers and those few remaining old-fashioned mothers, refer only in veiled allusions and with wry blushes?

Reading the "Open Letter to College Girls" in the "Challenge," about which such a storm of disapproval has burst, I cannot help but admire Miss Esther K. Norton, the Barnard girl who wrote it, not only for the courage displayed by her attitude (she must have perceived in advance that her criticism would meet the approval of her instructors), but also for the soundness of her views and the sanity with which her point is taken.

The outpourings of college youth are usually characterized by a sophomoric outlook and a jejune, half-baked style of expression. Miss Norton's letter, on the other hand, is seasoned and sane. If I had not known, I would have believed it the communication of an older woman.

The most vital subjects of life, Miss Norton holds, sex hygiene, heredity, child hygiene, physiology, are shamefully neglected in college curricula. So much so that after leaving her alma mater, a girl in later life, educated according to modern methods, is going to find a woeful lack of proportion in her view of education.

"I have heard girls talk with enthusiasm over feminism," Miss Norton writes, "but I have never heard them talk of the most significant phase of feminism—intelligent motherhood. In our women's colleges we do not sufficiently have this aim in view."

"The world needs intelligent motherhood, trained motherhood. If you read the pamphlets of the Federal Children's Bureau on infant mortality you will find that one of the chief causes of infant mortality is the ignorance of mothers."

One or two hours a week, crowded into a half year, Miss Norton declares, is all the time that the average college girl takes for the important subjects of hygiene, home nursing and physiology.

"Consider," she continues, "the proportion of time spent on these important subjects, important to all, but especially to women, and the time spent on other required work. Students devote a year to the biology of amoebas, insects and mammals. A full term is given to the study of plant life, with hours of laboratory work. I, for instance, have had two required courses in politics, five history courses, two economics courses, three writing courses, three literature courses, one language course, one course in psychology, one course in natural science, one course in physiology, one course in logic and only a half year in philosophy and one half year in heredity."

"The majority of women and the majority of college women look forward to the duty of motherhood. In college an adequate amount of time should be given to the study of child hygiene, physiology and child psychology in order to produce trained mothers—mothers who can care for and rear a child intelligently. Even if a mother wishes to hire this care, she should have sufficient knowledge to know whom to hire and how to supervise."

"The women who do not look forward to motherhood cannot escape this responsibility. Any 'socially conscious' woman must study these fundamental matters and must do her part to rear healthier, happier children. If she does not expect to have children of her own, there are still many children who need her. Woman's broader sphere is in the greater home."

In conclusion Miss Norton asks, in view of woman's meagre education on these lines, what is to determine her attitude toward eugenics, twilight sleep, birth control.

And I might supplement that the education of the young woman of today is not so meagre as distorted and disgusting, gleaned as it is surreptitiously from yellow journals, yellow plays and yellow people. Why not strip these subjects of all their silly sentimentalism and secrecy? Recognize them definitely, give them the place they deserve in the college curricula and forever destroy the mystery that gives an evil, salacious angle to simple physiological facts.

Those Yellow Gloves

An amusing incident told to me by a young woman acquaintance demonstrates more clearly than anything I have heard recently the difference between the free and easy manners of America and the stiff formality of the countries across the Atlantic.

Freighted with letters of introduction and others testifying to his birth and impeccability, a young Frenchman presented himself at the house of the young woman who was expecting him. He looked, judging from his attire, as though he came more in sorrow than in joy. He was garbed in a sombre black frock coat, gray striped trousers and yellow chamouis gloves! The latter he kept on throughout the visit.

His greeting was after the manner of Lord Chesterfield plus something of John Drew. He bent low over the young woman's hand and kissed it with deference and reverence, as though it were some sacred relic and not real flesh and blood.

Every time the young woman rose, he arose, of course (even a few Americans know enough to do this), but picture if you can any red-blooded American youth sitting throughout an entire evening, his hands clothed in yellow gloves!

That first visit has been repeated many times and the young woman has never seen the Frenchman's hands. Some day soon she declares she is going to give a bridge party just for the express purpose of making the foreign exquisite display his hands in all their nudity.

Letters to the Editor of the Woman's Page

Address all communications to M'Liss, care of the Evening Ledger. Write on one side of the paper only.

Dear M'Liss—Can you please tell me how to clean a black leather hand bag that has been allowed to stay uncovered? Although it is comparatively new, it presents a shoddy appearance because the dust has settled in the crevices of the leather?

TRAVELER
If the bag is not very gray with dust, you can probably clean it satisfactorily yourself by first removing the dust with a stiff brush—a 5-cent hand brush will do nicely. After the dust has been taken out with the dry brush, rub the bag with a little gum arabic water and go over the bag again, briskly and thoroughly. This ought to give it a rejuvenated air, a well-known fact in the travel trade.

Approximately for about \$1, however, depending on the size of the bag, you can have it dyed and refreshed, brass trimmings and all, by an expert. In this way a good traveling bag can be kept looking like new for years.

Dear M'Liss—Is Ellen Terry dead? Please answer as soon as possible to avoid a dispute. If she is dead, when did she die and where can I get an account of it?

R. N.
Indeed, this charming lady is not dead. She gave interpretations in Philadelphia within the last year and was very much alive.

Dear M'Liss—Your suggestion about woman guides for Philadelphia is a most admirable one and one of which I hope advantage will be taken.

Women guides in Washington are largely patronesses, if I may use the expression, and here it would be the same. A well-read and fairly educated woman familiar with the history of Philadelphia and with its many places of historic interest would be invaluable, especially to those of her sex who visit the city for a holiday. Not only could she take them by the most interesting and inexpensive routes to all the landmarks of Philadelphia, but she could afford information as

to department and other stores where certain purchases could be made.
She would be, in point of fact, as much of a hostess as a guide, and thus establish close and confidential relations with her clients.
A WESTERN WOMAN.

True Love

Let me not to the marriage of true minds admit impediments; love is not love which alters when it alteration finds, Or bends with the remover to remove.
O, no! It is an ever-fixed mark
That looks on tempests and is never shaken;
It is the star to every wandering bark,
Whose worth's unknown, although his height be taken.
Love's not Time's fool, though rosy lips and cheeks
Within his bending sickle's compass come;
Love alters not with his brief hours and weeks,
But bears it out ev'n to the end of doom.
If this be error, and upon me proved,<
I never writ, nor no man ever loved.
—William Shakespeare.

Elongated Middy

The neatest of women is likely to find her blouse is parting company from her skirt, or several holes of golf. A clever designer has settled this problem forever by introducing the new knickerbocker and skirt combination.

It is made of linen, in light tan, blue, pink, green or all white. The idea is to wear it in place of a petticoat under the ordinary sports skirt. Nothing could be simpler or more serviceable.

SEEN IN THE SHOPS



SMART PROCK FOR THE JEUNE FILLE

THIS little afternoon gown offers a good practical suggestion for the informal bridge or luncheon party. The coat effect is made of navy blue cloth with vest, collar and cuffs of white crepe de chine. Fullness is given to the rather narrow blouse by use of a yoke at the shoulders, corded across, like the wide armhole, revers, tabs and stitched belt. The small buttons are silver filigree. The bodice is quite full, adding greatly to the youthful effect of the whole.

The skirt is bouffant, being developed in the rather stiff taffeta panel of very small plaits at the front gives a novel appearance, not unlike a peasant apron. The lines are simple. The same frock comes in other colors in sizes from 12 to 18 years at \$27.

The name of the shop where this costume may be purchased will be supplied by the Editor of the Woman's Page, EVENING LEDGER, 608 Chestnut street. The request must be accompanied by a stamped, self-addressed envelope and must mention the date on which the article appeared.

Fashion Hints

Becomingness and style are indispensable nowadays for motor coats.

Overcoats of white silk or dove-gray broadcloth are seen in some of the many serge suits.

Marion Harland's Corner

"I HAVE sent to S. J. the girl's coat that was asked for, and a cap and mitts. L. R. received some books, Mrs. A. L. H., English classics; also a roll of pieces to C. W. S. I am sorry, but the latter has not reached her, as the postmaster has stamped 'Uncalled for' on the package. So if any one would care for it and will send 8 cents to the postmaster at that place she can get them, as I have not asked for its return. It is too bad. I still have quite a bit of music and a stack of old, old novels that any one is welcome to who will pay expressage on them."
Mrs. C. W. S.

A List of Things

"Here is a list of things that some one may make use of: Silk pieces, embroidery, patterns from newspapers, a lot of pieces of Hattenberg, already started; a piece of card that would do for shut-in children fiction, mostly good reading. Also some of my dear little mother's clothes. She left us three months ago. There are a few warm things for an old lady. If you have time for nothing else were we to undertake to do this. The accompanying recipes and menu may be too late for your immediate use. They may, and I trust they will, be serviceable upon future occasions of the same sort:

"All communication addressed to Marion Harland should include a stamped, self-addressed envelope and a clipping of the article in which you are interested. Persons wishing to aid in the charitable work of the H. H. C. should write Marion Harland, in care of this envelope, and dresses of those they would like to help, and, having received them, communicate direct with these parties."

desert and whatever else would be suitable to serve. I am enclosing a stamped envelope for recipes. I should like to have a recipe for making a date filling for sandwiches.
J. E.

An you have been told by mail, we cannot send menus and recipes. We have time for nothing else were we to undertake to do this. The accompanying recipes and menu may be too late for your immediate use. They may, and I trust they will, be serviceable upon future occasions of the same sort:

LEUCHEON MENU.
Oyster cocktail
Cream of pea soup.
Fried chicken
Green peppers stuffed with rice.
Crackers
Campanelle sauce.
Orange mousse.
Shrimp
Coffee.

Date and nut sandwiches—Remove the stones and the thick skin which surrounds them from the dates, then chop them fine. Add half as much finely chopped English walnut or pecan meats, moisten with creamed butter, add a pinch of salt, and spread between thin slices of bread.
For fig sandwiches use the recipe for dates, substituting figs for dates.

Brace for a Child

"We have in our home a back brace for a child of 4 years we shall be glad to give to any one who is in need of it. L. J. We hold your address gratefully."

Scraps for Quilt Makers

"A fortnight or so ago some one who works among the poor wrote that a teacher's Bible had long been wanted. I have one to spare for the person who wants it and who will call or send for it. The cover is somewhat worn, but the book will last for years if it is properly handled. I also have silk and velvet scraps for quilt-makers, and lastly a man's trunk for the right side."
MARY G. J.

Helped in Illness

"Some time ago I wrote you for a hot-water bottle and alarm clock. I received the alarm clock and acknowledged it with gratitude and recently received a hot-water bottle. I simply thank the donor today for the gift. I shall be glad to return the favor. I simply love to help others, but am shut in all winter. My sister, for whom I asked the clock and hot-water bag, has been critically ill and has undergone an operation. You can realize how grateful we are for the Corner and its good deeds."
E. O. B.

Curing Furs

"To M. R. C.: You ought to be able to borrow a manual for curing furs from any local butcher. If you cannot find one, write to me and I will send you a recipe that I have been successful with. In the meantime spread your furs flat in a cool place; sprinkle with salt (fresh side up) lightly, and you can keep them until you get as many skins as you need."
F. S.

An Exchange of Lessons

"I offer my mandolin, a good bunch of liniment and primed music, and a mandolin written and primed music, and a mandolin in English. I hope some one will help me in this way."
J. K.
An equitable exchange which must work to the satisfaction of the happy possessor of the mandolin and music while at the same time both parties participate and receive instruction. The best of rules is that which works both ways. That indicated here does this, and fully.

Gift That Will Please

"I have a white waist which is partly worked, also a dolly. I was unable to finish them on account of weak eyes. I would gladly send them to any one if I had an address."
MARGARET L.

Served at a Luncheon

"I intend having a little gathering of eight persons at my home, and as this is my first attempt at serving I come to you for a few suggestions as to what I shall serve. I just want a simple luncheon, and would appreciate it if you could give me some recipes for sandwiches or a good

GOOD FORM

Owing to the fact that the EVENING LEDGER is constantly asked questions relating to matters of etiquette, it has been decided to open a column in which queries of this kind may be answered.

The column is edited under a pseudonym, but it is, nevertheless, edited by an authority on social conventions, who is prepared to answer clearly, carefully and conclusively any query which may be propounded.

Good form queries should be addressed to Deborah Rush, written on one side of the paper and signed with full name and address, though initials ONLY will be published upon request.

One of the questions often agitated in the expenses at a wedding, just what the father of the bride should pay for and what expenses are settled by the bridegroom.

Custom more than law governs this matter. I suppose because it is the last expense the father is to be put for his daughter, he has most of it on his shoulders. The bridegroom is responsible for the special living in the wedding ring, the bride's and bridesmaids' bouquets and the officiating clergyman's fee.

The parents of the bride are responsible for the church decorations, the invitations or announcements, the music, the carriages, the reception, breakfast and house decorations and any other incidental expenses.

These customs may be different in different countries, or cities, but according to the Philadelphia idea, the foregoing is the proper thing.

Manner of Introduction

Dear Deborah Rush—Is there any rule of etiquette for introducing persons to each other? We had a discussion on this subject recently, and I would like your decision on the point.

A gentleman should always be presented to a lady, never a lady to a gentleman.

In the case of introducing two women to each other, it is well to present the younger to the elder.

It is usually correct to say, "Miss Carlington, may I present Mr. Schuyler?"

Hats in Elevators

Dear Deborah Rush—Will you kindly settle the controversy about hats in elevators? I often see a man remove his hat in the presence of women in a department store or office building elevator. I am of the opinion that the man is not only overpolite, but absolutely incorrect.

There is a difference between the elevator in private buildings, such as hotels, and those in public places, such as stores and office buildings.

The man who removes his hat in a department store elevator should, in my mind, remove it the minute he enters the door of the building if he wishes to keep in strict accordance with his ideals, for the elevator has nothing to do with it.

Years ago it was a strict rule of etiquette that a man should remove his hat the minute he entered the door of a hotel, whether there were women present or not. However, this has been overlooked, with the exception of the elevator, where every man removes his hat. So far as I know, there has never been a conventionally requiring a man to remove his hat in a department store, whether he enters an elevator or not.

There is no rule of etiquette in regard to removing the hat in elevators in department stores or business buildings. It seems that an elevator is more like a room in itself than the whole large store or business office, and that may be the reason why some persons hold to removing their hats in the elevator. These things are left to a gentleman to decide for himself. There is one argument for it: If a woman appreciates the courtesy shown her and stamps the man who removes his hat, a gentleman.

May a Girl Receive Presents
Dear Deborah Rush—A gentleman friend of mine sent me a hair pin for a present yesterday. My mother says I should not accept jewelry from a man.

Unless you are engaged to be married to this man you should not accept presents of a personal nature. It is exceedingly bad form to speak of a man as a gentleman friend, or, as some girls say, "my friend."

Right or Left

Dear Deborah Rush—Is there any conventionality with regard to removing one's hat when bowing to a lady in the street? Should one special hand be used? What is the rule for this?

Custom has made it the proper and natural thing to remove the hat with the hand which is farther from the person to whom you are bowing. If the lady is on your right, as you bow, the hat should be removed by the left hand, and vice versa.

DEBORAH RUSH.

For Spring Coiffure
The hair ornament is subordinated to the superior charms of one's natural coiffure nowadays.

For those who like a touch of decoration in the coiffure, there are some very pretty styles. First bandeaux with brilliants, velvets, gold and silver cloth are still favored by the younger generation.

Jet and combinations of jet and brilliants are good, too.
The newer models for spring are showing touches of feathers at either side of the head, and ribbons are conspicuous. High styles are favored, particularly the helmet headdress.

A Clever Stunt
Here is a "stunt" which was told recently by a clever housekeeper. It seems that she got for a gift a library lamp, with a perfectly hopeless shade of furiously colored glass. The base was good, so she took a smart wicker waste basket which she had lined it with lovely rose-colored Japanese silk. The basket was one of those narrow, cylinder-shaped models. The offending shade was removed and the rose one substituted. And now it is as pretty as anything in the rose room where it resides.

Neckwear Tips
The new collars show many interesting novelties. The high-at-the-back models are frequently quite low in front with a broad band of black velvet or grosgrain ribbon encircling the throat. The stock of black faille or grosgrain is particularly smart with sports costumes. Cape collars with edgings in piped blue, mauve, tan and flesh-pink batiste are chic. Some very late models have extremely round or square collars in the back only.

QUESTIONS AND ANSWERS
Contagiousness of Cancer
Is cancer of the throat contagious?
Answer—No, one can say that cancer is, or is not contagious, because no one knows. Good authorities are inclined to attribute cancer to some form of organism, which might be transferred in kissing.

We Believe in Drugs, Plus Brains
I cannot resist telling you how glad we are that you advocate proper feeding, fresh air, hygiene, fasting and other sensible measures rather than drugs, which all physicians know are only a hindrance and injury instead of a help. We people who disbelieve in drugs rejoice to see a doctor with your courage.

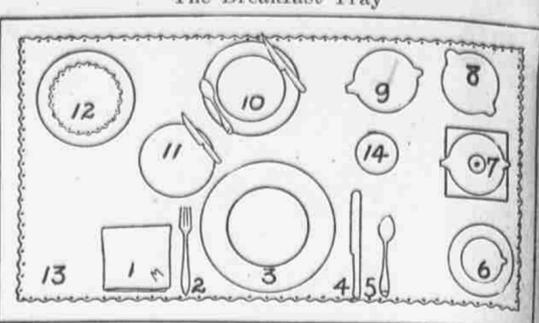
Answer—We prescribe, and sometimes even take drugs. We believe in them thoroughly. Only we think they should be mixed with brains.

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Everybody's Record Exchange
100 N. 10th St.
Just above Arch. Open Evenings.

PROPER SERVICE FOR PROPER TIMES

By VIRGINIA E. KIFT



Arrangement of tray—Service explained.
1. Napkin
2. Fork
3. Spoon
4. Knife
5. Teaspoon for coffee
6. Coffee cup and saucer
7. Coffee pot on tiler
8. Sugar bowl
9. Cream pitcher
10. Fruit plate and tin-ger bowl
11. Bread and butter plate
12. Plate for marmalade
13. Dotted on tray
14. Drinking glass

An "In-Bed" Menu
Grapefruit
Cream of wheat gruel
Corn muffins
Marmalade
Coffee
Sugar

WE DO not, all of us, always eat our breakfast in bed, but at the times when we are able to indulge in this luxury, from whatever reason, we heartily wish that our new maid better understood tray arrangement, for the attractiveness of the breakfast tray may mean a sudden change of disposition in opposed directions. If it is clumsily crowded with china and a surfeit of food the day looks forth as a dreary, blue one; but if it is daintily set, no matter how tired or sick we may be, we begin at first sight of it to "cheer up."

The finger bowl should be placed in back of the plate which contains the fruit at the centre front of the tray. The cereal dish or gruel should be covered with another dish to keep it hot, and the muffins must be wrapped in a napkin. The coffee cup is placed at the right, with the coffee pot on its rim, and the cream and sugar beyond, at the back corner of the tray. The "cover" itself is placed as usual—the fork at the right, the knife and spoons at the left, the glass at the point of the knife and the bread and butter plate beyond the fork, with the spreader pointing toward the person.

Whenever possible a flower should be placed somewhere on the tray, particularly for invalids, cannot be overemphasized. If a flower cannot be had a sprig of English ivy or any pretty green leaf will secure an attractive touch.
Cut out the diagram above and keep it tucked in the pantry where your maid may have it for reference; then on the day when you are "staying in bed" perhaps you may be surprised with a dainty breakfast tray of "goodies."

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New Handbag
After the popularity of the silk, velvet, panne, moire and suede bags which women carried all last season, the return to metallic handbags isn't surprising. The very newest sterling silver or gilt bag is unlined, and made in a very fine mesh. The top fastens with a jeweled clasp, and the loose folds terminate with a metallic tassel at the bottom. The effect is decidedly chic.

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WOMAN'S WORK IS NEVER DONE

MILLIE AND HER MILLIONS



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